



ADRC

Resource Guide

HEALTHCARE

[888]742-9233

111 E Mullett St, Portage, WI 53901



Welcome to Our Resource Guide!

This guide is designed to provide helpful resources for older adults and individuals with disabilities. While we strive to offer up-to-date information, please note that we do not specifically endorse any of the listed resources. Our goal is to offer a comprehensive starting point for you to explore options that best meet your needs.

To make the guide more accessible, we have broken it down into individual sections. This allows you to find the information you are looking for without feeling overwhelmed by the full scope of resources available. However, if you prefer to view the guide in its entirety, we also offer a complete version for your convenience.

We do our best to keep this guide current, but if you notice any information that is outdated or incorrect, we would greatly appreciate your help in letting us know. You can contact us at adrc@columbiacountywi.gov or by calling (608) 742-9233 with any updates or concerns.

Thank you for using our resource guide. We hope it provides valuable assistance.

Sincerely,

The ADRC of Columbia County

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Aging and Disability Resource Center

Your local connection for support

The Aging and Disability Resource Center provides individuals aged 18 and older and those with disabilities, access to information on long-term care services and support options. Whether you are looking for information resources, or direct assistance, the ADRC is here to help you find the right solutions for your unique needs.

With nearly 500 centers across the U.S., the ADRC offers guidance and support, ensuring that you receive the help and information you need to make informed decisions.

How we can help

Our services include:

- Information & Referrals
- Long-Term Care Options Counseling
- Health & Wellness Programs
- Benefits Assistance
- Adult Protective Services

Who we serve

- Older Adults
- Adults with Disabilities
- Caregivers & Family Members
- Professionals

HEALTHCARE

ADAPTIVE AID RETAILERS

Access to Independence

www.accesstoind.org • (608) 242-8484

Independent Living Aids

www.independentliving.com
(800) 537-2118

Lighthouse Center for Vital Living

www.lcfvl.org • (218) 624-4828

The Low Vision Store

www.lowvisionstore.org • (800) 871-8780

LS&S

www.lssproducts.com • (800) 468-4789

Maxi Aids

www.maxiaids.com • (800) 522-6294

Vision Forward Store

www.vision-forward.org/store
(414) 615-0100

WI Council of the Blind and Visually Impaired Sharper Vision Store

www.store.wcblind.org • (608) 237-8100

COUNSELING SERVICES

AA Meeting

www.aamadisonwi.org • (608) 222-8989

Alcohol and Drug Assistance 24 Hour Emergency Crisis Hotline

(888) 552-6642

Al-Anon & Alateen Meetings

(888) 425-2666

Alcohol and Drug Helpline

(800) 821-4357

Alcohol Treatment Referral Hotline

(800) 252-6465

Center for Substance Abuse Treatment

(800) 662-4357

Columbia County Connects Coalition

(608) 742-8814
626 E Slifer St, Portage, WI

HA-Heroin Anonymous Meeting

www.satorihouse.org
102 4th Ave, Baraboo, WI

Lutheran Social Services

www.lsswis.org • (608) 355-4103
727 8th St, Baraboo, WI

Medication Assistance Recovery and Coordination (MARC)

(888) 552-6642
111 E Mullett St, Portage, WI

Narcotics Anonymous

(866) 590-2648

Pauquette center of Psychological Services

www.pauquette.com
(608) 742-5518
2901 Hunters Tr, Portage, WI
(920) 623-5578
1343 Park Ave, Columbus, WI

Prevention and Response Columbia County

www.parccinfo.org

Rosecrance

www.rosecrance.org • (866) 330-8729

SAMHSA's National Helpline and referral Service

www.samhsa.gov • (800) 662-4357

Sauk Prairie Recovery

(608) 644-0504

815 19th St, Prairie du Sac, WI

Sonas Behavioral Health Agency

www.sonasbehavioralhealth.com

(608) 204-6076

6402 Odana Rd, Madison, WI

Substance Abuse Resources for Wisconsin

www.addicted.org/wisconsin-long-term-drug-rehab.html

The Harbor Recovery Center

www.theharborrecoverycenter.com

(608) 697-7163

PO Box 803, Portage, WI

Wisconsin Addiction Recovery Hotline

www.211wisconsin.community.os.org

211 • (833) 944-4673

Wisconsin Regional Service Office

www.na.org • (920) 232-9615

DENTAL

ACHS Joyce & Marshall Erdman Clinic

www.accesscommunityhealthcenters.org

(608) 443-5480

2202 S Park St, Madison, WI

ACHC Sun Prairie

www.accesscommunityhealthcenters.org

(608) 825-7100

1270 W Main St, Sun Prairie, WI

ACHS William T. Evjue Clinic

www.accesscommunityhealthcenters.org

(608) 443-5480

3434 E Washington Ave, Madison, WI

Affordable Dental Care, Inc

www.affordablesmile.com

E: (608) 622-4002 • S: (608) 622-0034

2110 Fordem Ave, Madison, WI

Church Health Services

www.churchclinic.org • (920) 887-1766

115 N Center St, Beaver Dam, WI

18+ Accepts BadgerCare and Medicaid.

Donated Dental Program

www.wda.org

Wisconsin Dental Association program designed to bring dental care to Wisconsin residents who are unable to afford treatment because of a limited income that is clearly linked to a permanent disability, chronic illness or advanced age (65 and older). Program is by application only. Eligibility is determined based on a completed written application and phone interview by the DDS referral coordinator.

Familia Dental

www.familiadental.com • (608) 244-8050
3003 E Washington Ave, Madison, WI

Family Health/La Clinica

www.famhealth.com • (800) 942-5330
400 S Townline Rd, Wautoma, WI

**Madison Area Technical College –
Dental Hygiene Clinic**

(608) 258-2400
1705 Hoffman St, Madison WI
Available services, performed by dental hygiene students under the supervision of instructors. Service cannot be considered a complete dental/oral examination.

**Marshfield Clinic – Black River Falls
Dental**

Marshfieldclinic.org • (715) 670-0400
N6571 Lumberjack Guy Rd, Black River Falls, WI

**Marquette University School of
Dentistry Clinic**

Marquette.edu/dentistry/patients
(414) 288-6790
1801 W Wisconsin Ave, Milwaukee, WI

Mauston Dental Center

www.famhealth.com • (608) 847-6700
880 Herriot Dr, Mauston, WI

**More Smiles WI – Salvation Army
Dental Clinic**

www.moresmileswi.org • (608) 665-2752
630 E Washington Ave, Madison, WI

**St Ann Center For Intergenerational
Care**

www.stanncenter.org/clinic
(414) 210-2450
2450 W North Ave, Milwaukee, WI

St. Vincent de Paul Dental Clinic

www.stvpdental.com • (608) 644-0504
1906 North St, Prairie de Sac, WI

FOOT CLINICS**Aging and Disability Resource Center
of Columbia County**

(608) 742-9233
111 E Mullett St, Portage, WI
At a cost of \$42 per person (initial visit) and \$34 for follow-up appointments or \$39 for specialized clients (those with diabetes or those taking a blood thinner), you will have your feet soaked, toenails cut and filed, and lotion applied. You must be age 18 years and older. Appointments are required for these services.

**FREE & LOW COST HEALTH
CLINICS****Community Care Program**

(920) 623-2200
1515 Park Ave, Columbus, WI
Ask to speak to a patient financial counselor for questions or to fill out a program application.

Family Health/La Clinica

(920) 787-5514
400 S Townline Rd, Wautoma, WI
Provides low cost medical and dental care to patients. Accepts Medicare, Medicaid, Badgercare and most insurance. Affordable care program is available to low income and uninsured patients. Please call for hours and available appointment times.

Good Neighbor Clinic

www.goodneighborclinic.org

(608) 643-4749

95 Lincoln Ave, Prairie du Sac, WI

Portage Free Clinic – St. Vincent de Paul

140 E Cook St, Portage, WI

Open every Wednesday from 9:00 AM to 12:00 PM.

Everyone is welcome to use the clinic. Offers a variety of services such as; physical exams, blood pressure monitoring, prescribing medications (they do not prescribe narcotics), give advice and refer patients to specialists, and foot clinic services.

GERIATRIC MENTAL HEALTH**Mendota Mental Health Institute**

www.dhs.wisconsin.gov/mmhi/index.htm

(608) 301-1000

301 Troy Dr, Madison, WI

Mobile Outreach to Seniors Teams

(608) 280-2700

49 Kessel Ct, Madison, WI

Stoughton Hospital – Geriatric Psychiatry

www.stoughtonhospital.com

(608) 873-2242

900 Ridge St, Stoughton, WI

Watertown Regional Medical Center

(608) 261-4210

125 Hospital Dr, Watertown, WI

HOME HEALTH CARE**Age at Home by Agrace**

(608) 327-7456

5395 E Cheryl Pkwy, Madison, WI

Aspirus At Home Home Care

www.aspirus.org • (608) 745-6400

2805 Hunters Tr, Portage, WI

Aveanna Home Health

www.aveanna.com • (608) 356-7570

407 Oak St, Baraboo, WI

BrightStar

www.brightstarcare.com • (608) 355-5015

502 Oak St, #6&7, Baraboo, WI

Christian Servants Home Care

www.christianservantshomecare.com

(920) 940-8030

Commonheart Home Health

www.commonheart.com • (844) 206-4930

1045 Hill St, Watertown, WI

Coram/ CVS

www.coramhc.com • (262) 2071590

5345 Moorland Rd, # 101, New Berlin, WI

Hillside Home Health Care and Hospice

www.bdch.com • (920) 887-4050

709 S University Ave, Beaver Dam, WI

Home Instead

www.homeinstead.com • (920) 219-9832

1708 N Spring St, Beaver Dam, WI

Homeward Bound, Inc.

www.hwbcare.com • (608) 356-4666

1360 Jefferson St, Baraboo, WI

Endearment Unlimited

www.endearmentunlimited.com
 (608) 807-0408
 2801 International Ln, #208, Madison, WI

Journey of Peace Homecare

www.jophomecare.com • (608) 336-3111

Illuminus

www.illuminus.us • (920) 261-2221
 1045 Hill St, Watertown, WI

Maxim Healthcare Services Madison

www.maximhealthcare.com
 (608) 232-1000
 5752 Tokay Blvd, #500, Madison, WI

Northwoods Inc. Supportive Home Care

(608) 742-7114
 N6510 US Hwy 51 South, Portage, WI

SSM Health at Home

www.ssmhealthathomewi.com
 (800) 924-2273
 1111 8th St, Baraboo, WI
 1513 Park Ave, Suite A, Columbus, WI

Visiting Angels

www.visitingangels.com • (920) 821-1111
 140 Corporate Dr, Beaver Dam, WI

HOSPICE**Agrace Hospice and Palliative**

www.agrace.com • (608) 276-4660
 5395 E Cheryl Pkwy, Fitchburg, WI

Agrace Baraboo

www.agrace.com • (800) 553-4289
 1670 South Blvd, Baraboo, WI

Commonheart Home Health and Hospice

www.commonheart.com • (844) 206-4930
 1045 Hill St, Watertown, WI

Generations Home Care and Hospice

(920) 922-0134
 1028 S Main St Suite C, Fond du Lac, WI

MMC-BD Hillside Home Care/Hospice

www.bdch.com • (920) 674-6255
 707 S University Ave, Beaver Dam, WI

Moments Hospice

www.momentshospice.com
 (608) 384-3710
 5315 Wall St, #135, Madison, WI

ProMedica Palliative Care

www.promedicapalliativecare.org
 (866) 216-5708
 2801 Crossroads Dt, #2000, Madison, WI

Rainbow Hospice Care

www.rainbowhospicecare.org
 (920) 674-6255
 147 W Rockwell St, Jefferson, WI

SSM Health Hospice

www.ssmhealthathomewi.com
 (877) 356-4514
 1600 Jefferson St, #101, Baraboo, WI

St. Croix Hospice

www.stcroixhospice.com
 (608) 448-4200 • (855) 278-2764
 414 Broadway, # 200, Baraboo, WI

MEDICAL EQUIPMENT**SSM Health at Home**

www.ssmhealth.com • (800) 924-2273
 111 8th St, Baraboo, WI

St. Vincent de Paul

(608) 742-5513
 1311 W Wisconsin St, Portage, WI

St. Vincent de Paul

(608) 356-4649
 100 S Blvd, Baraboo, WI

Walgreens Home Care

www.walgreens.com/store

Wilz Hometown Pharmacy

(608) 742-3545
 140 E Cook St, Portage, WI

MENTAL HEALTH**Alay Health Psychiatry**

www.alaypsychiatry.com • (262) 260-9000
 1011 Cecelia Dr, Pewaukee, WI

Aspen Family Counseling

(608) 742-5020
 2639 New Pinery Rd, #1, Portage, WI

Baraboo Veteran's Affairs Clinic

(608) 356-9318
 1670 South Blvd, Baraboo, WI
 If you're struggling with issues like PTSD, depression, grief, anger or trauma, we offer counseling and other support. All VA health care facilities offer same-day help. You may qualify even without enrolling in VA health care.

Columbia County Comprehensive Community Services

(608) 742-9227
 111 E Mullett St, Portage, WI
 CCS assists with mental health or substance abuse concerns to identify what he/she needs in order to help increase ability and enhance connection to natural supports and community resources.

Columbia County Community Support Program

(608) 742-9227
 1440 E Wisconsin St, Portage, WI
 CSP (through Journey Mental Health) provides community based services to adults with severe and persistent mental illness (such as schizophrenia, major depression or bipolar disorder).

Columbia County Mental Health Crisis

(888) 552-6642
 24-Hour Emergency Crisis Hotline Immediate counseling for people having thoughts on suicide. If you have issues connecting with this number, please hang up and dial 988.

Compass Counseling

www.compasscounseling.info
 (608) 745-4900
 1508 New Pinery Rd, Portage, WI

Division of Mental Health

(608) 742-9227

111 E Mullett St, Portage, WI

Innervisions Counseling and Consulting Centerwww.innervisioncounseling.com

(608) 477-9858

840 State Rd 136, #1, Baraboo, WI

Journey Mental Health Centerwww.journeymhc.org

(608) 745-9720 • (608) 280-2700

1440 E Wisconsin St, Portage, WI

Midlands Psychological Associates

(608) 592-2080

336 Lodi St, Lodi, WI

National Hopeline Network

9-8-8

National Network of hotlines for people in crisis and having thoughts of suicide

National Institute of Mental Health Resource Centerwww.nimh.nih.gov • (866) 615-6464

Mental illness literature for the public and professionals.

Northwest Connections

(888) 552-6642

Hotline for people in crisis and having thoughts of suicide.

Pauquette Centerwww.pauquette.com • (608) 742-5518

2901 Hunters Tr, Portage, WI

Transitions Behavioral Health

(608) 745-1751

317 DeWitt St, Portage, WI

Veterans Mental Health/AODA Support Group

(608) 256-1901 x16904

400 DeWitt St, Portage, WI

3rd Wednesday each month, 11-1 PM. Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have a master's degree and are also veteran's themselves.

Solstice Warmline

(608) 422-2383

Do you need someone to talk to? The warmline is answered by people who have experienced mental health and/or substance abuse issues and are trained to support people during tough times. Monday-Friday, 4PM-10PM; and Saturday and Sunday 2PM-10PM

RESPITE**Christian Servants Home Care**www.christianservantshomecare.com

Christian Servants Home Care offers in home care for children, adults, and elderly individuals with physical and/or developmental disabilities.

Columbus Nursing and Rehabilitation Center – Respite Program

(920) 623-2520

825 Western Ave, Columbus, WI

For the convenience of home care providers who desire a brief or longer break from the demands of home care, they provide an on-going vacation/respice care program. Whether you need assistance for an overnight, weekend stay, week, month or an entire season, they can provide you and your family members with a special, individualized care in a safe, secure setting.

Prairie Ridge Health - Respite Program

(920) 623-1281 • (920) 623-1363

1515 Park Ave, Columbus, WI

Respite is available 24 hours per day, 7 days per week. Rooms are semi-private, based on needs assessed.

Randolph Health Services & Assisted Living

(920) 326-3171

502 South High St, Randolph, WI

Golden Living Center offers short-term care designed to provide nursing and other necessary services for your loved one. They will work with you to make this temporary transition as pleasant as possible while providing: 24-hour skilled nursing services, recreational and social programming, nutritional programming and intervention.

Respite Care Funding

Funding may be available to persons who suffer from Alzheimer's, Parkinson's disease, and other dementia related illnesses. Clients must meet medical and financial requirements. Spouse is providing all cares in household and is unable to leave client alone. Respite care funding is not available while caregiver is working. For additional information or to make a referral, contact the Aging and Disability Resource Center at (608) 742-9233 and ask to speak to the Information and Assistance Specialist worker for more information.

Wisconsin Dells Health Services

(608) 254-2574

300 Race St, Wisconsin Dells, WI

